

2008 AAU CONNECTICUT DISTRICT TRACK AND FIELD CHAMPIONSHIPS

Sanctioned by the Connecticut AAU

Date: Saturday June 7th – 10:00am

Site: Yale-Dwyer track, Rt-34 New Haven CT. 06515

Host Team: New Haven Age Group Athletic Club

Meet Director: Major Ruth, Phone: 203-430-9456, Email:Major.Ruth@uinet.com

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Divisions Contested Based On Birth Year: Primary 2000 and after, Sub-Bantam 1999, Bantam 1998, Sub-Midget 1997, Midget 1996, Sub-Youth 1995, Youth 1994, Intermediate 1992-1993 and Young Men/Women 1990-1991.

Entry Information: \$15.00 PER ATHLETE. REGISTRATION IS PRE-ENTRY ONLY. REGISTRATION WILL BE ONLINE ONLY at <http://www.coacho.com> . Click on “Help” box for more detailed instructions on how to register and submit your entry. **AAU registration number is necessary for online registration. REGISTRATION DEADLINE IS MIDNIGHT MONDAY JUNE 2TH. Additions and corrections can be made continuously online up to the midnight deadline date. NO CHANGES WILL BE MADE AFTER the DEADLINE!**

Primary thru Midget are restricted to 3 events, including relays. Sub-Youth Thru Young (M/W) are restricted to 4 events, including relays. **All entry fees are to be paid online with a credit card. At the end of the process you can print out the confirmation page(s) and then send a copy of the page showing the amount you paid or owed along with registration form and waiver, which may be downloaded from www.aauathletics.org, or www.connecticutaau.org for each athlete.**

*******Important information to CT. High School Athletes:**

Due to strict CIAC High School rules regarding competition, AAU-CT will waive Connecticut High School Athletes to the Regional 1 Championship, which will be held June 27-29, 2008 @ Wilbur Cross H.S. Athletes must be properly entered in the AAU-CT District Championship.

Multi-Events, Pole Vault, Javelin and Steeple Chase will not be contested at this Meet.

THERE WILL BE NO REFUNDS OR TRANSFERS. NO FAX ENTRIES ACCEPTED.

Submit relays online. But, also list relay on individual entry (even if athlete is an alternate – it will count towards entry limit).

AAU membership may be acquired online at www.aausports.org.

Qualification: To advance to the 2008 AAU Region I Championship held at Wilbur Cross H.S., New Haven, Connecticut, June 27th-29, you must place 1st thru 8th in an individual event or relay.

AWARDS: There will be ribbon awards for the 1st thru 6th place. 1st thru 8th will qualify for Regional Championships.

REGISTRATION FOR THE REGION CHAMPIONSHIPS WILL BE ONLINE ONLY AT WWW.COACHO.COM. All entry fees are to be paid online at the end of registration via credit card (Visa and Master Card). Results for the District Championship will be posted on the internet at www.aauathletics.org , www.njaau.org or www.greenstreakersofnj.com within 48 hours of completion of the meet. You will then have 48 hours to go online and register your athlete(s) for the regional Championship. There will be no exceptions to this registration procedure.

AAU MEMBERSHIP: All competing athletes must be AAU MEMBERS. To compete on a relay team, the athlete must be a member of a registered AAU club. All relay teams must submit a copy of current 2006 AAU club membership at the championship meet. For individual and club membership applications call Diane McGowan at 1-800-AAU-4USA (1-800-228-4872). No athlete will be allowed to compete without an AAU registration number.

ADVANCEMENT IS \$20 (DOLLARS) PER ATHLETE-CASH ONLY.

PACKET PICK UP: Saturday June 7th, 8am at the packet pick up table at **Yale-Dwyer track**.

MISC.: No dressing rooms on site. Competitors must supply own implements. ¼ inch spikes will be aggressively enforced.

Directions:

From Merritt and Wilbur Cross Parkways:

Take Exit 57 (Route 34 East) directly to the Yale Fields, or take Exit 59 (Whalley Avenue) and follow Yale Bowl Signs to the Yale Fields.

From I-95:

Take Eastbound Exit 44 or Westbound Exit 45 to Route 10 and follow Yale Bowl signs. Or, take Exit 47 (Downtown) and follow Route 34 to the Yale Fields.

AGE DIVISIONS

PRIMARY DIVISION (PRB, PRG)

100M LJ 400M

200M SP 800M

SUB BANTAM DIVISION (SBB, SBG)

100M 400M LONG JUMP SHOT PUT (6 LBS)

200M 800M 4 X 100 RELAY 1500M

1500RW 4 X 400 RELAY HJ

BANTAM DIVISION (BB, BG)

100M 1500M SHOT PUT (6 LBS)

200M 1500M WALK 4 X 100 RELAY

400M LONG JUMP 4 X 100 RELAY

800M HIGH JUMP

SUB MIDGET DIVISION (SMB, SMG)

100M 1500M 80M HURDLES 4 X 100 RELAY

200M 3000M HIGH JUMP 4 X 400 RELAY

400M 1500M WALK SHOT PUT (6LBS) 4 X 800 RELAY

800M LONG JUMP DISCUS (1K)

MIDGET DIVISION (MB, MG)

100M 1500M 80M HURDLES 4 X 100 RELAY

200M 3000M HIGH JUMP 4 X 400 RELAY

400M 1500M WALK SHOT PUT (6LBS) 4 X 800 RELAY

800M LONG JUMP DISCUS (1K)

YOUTH DIVISION (YB, YG)

100M 3000M WALK LONG JUMP

200M 4 X 100 RELAY TRIPLE JUMP

400M 4 X 400 RELAY HIGH JUMP

800M 4 X 800 RELAY

1500M 100M HURDLES (B-33") SHOT PUT (B-4K)

3000M 100M HURDLES (G-30") SHOT PUT (G-6 LB.0)

200M HURDLES (30") DISC (1K)

INTERMEDIATE DIVISION (IB, IG)

100M 3000M WALK LONG JUMP

200M 4 X 100 RELAY TRIPLE JUMP

400M 4 X 400 RELAY HIGH JUMP

800M 4 X 800 RELAY

1500M 100M HURDLES(IG), 110M HURDLES(IB) ,SHOT PUT

3000M, SHOT PUT

400M HURDLES,DISC

YOUNG M/W DIVISION (YM, YW)

100M 3000M WALK LONG JUMP

200M 4 X 100 RELAY TRIPLE JUMP

400M 4 X 400 RELAY HIGH JUMP

800M 4 X 800 RELAY

1500M 100M HURDLES(YW), 110M HURDLES(YM) ,SHOT PUT

3000M, SHOT PUT

400M HURDLES,DISC

ORDER OF EVENTS (TRACK) 10:30 AM

Fully Automatic Timing (F.A.T.)

4 X 800 RELAY (SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB,IG, YM, YW) FINAL

3000M WALK (SYB, SYG, YB, YG IB, IG, YM, YW,) FINAL

1500M WALK (SBB, SBG, BB, BG, SMB, SMG, MB, MG) FINAL

4 X 100M RELAY (BB, BG, MB, MG, YB, YG, IB, IG, YM, YW) FINAL

3000M RUN (SMB, SMG, SYB, SYG, YB, YG, IB,IG, YM, YW) FINAL

200M HURDLES (SYB, SYG, YB, YG) 5 X 30 FINAL

400M HURDLES (IB, IG, YM, YW)

100M (PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) SEMI

400M (PRB, PRG, SBB, SBG, BB, BG, SMB, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) FINAL

1500M (SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) FINAL

80M HURDLES (SMB, SMG, MB, MG) 8 X 30 FINAL

100M HURDLES (SYB, SYG, YB, YG, IG,, YW) FINAL

110M HURDLES (IB,YM) FINAL

100M DASH (PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) FINAL
800M (PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) FINAL
200M (PRB, PRG, SBB, SBG, BB, BG, SMB, SMG, MB, MG, SYB, SYG, YB, YG, IB, IG, YM, YW) FINAL
4 X 400M RELAY (BB, BG, MB, MG, YB, YG, IB, IG, YM, YW) FINAL

ORDER OF FIELD EVENTS-10:00 A.M.

LONG JUMP (YM, YW, IB, IG, SYB, SYG, YB, YG, BB, BG, SBB, SBG, MB, MG, SMB, SMG, PRB, PRG) (called in Reverse order)

TRIPLE JUMP (SYB, SYG, YB, , IB, IG, YG YM, YW) to follow Long Jump

HIGH JUMP (SMB, SMG, MB, MG, SBB, SBG, BB, BG, SYB, SYG, YB, YG, , IB, IG, YM, YW)

SHOT PUT (PRB, PRG, SBB, SBG, SYB, SYG, YB, YG, IB, IG YM, YW BB, BG, SMB, SMG, MB, MG)

DISCUS (SYB, SYG, YB, YG, IB, IG YM, YW, SMB, SMG, MB, MG)

Meet can start one hour early or late.

Meet Management has no responsibility in scheduling to allow an athlete to do multiple events. That is clearly a Coach, Parent and Athlete decision.

*There are no separate fees for relays. All relay participants must be a registered athlete, in this meet. All alternates must be registered athletes, even though they may not have an individual event