

ANNUAL ROY WILKINS TRACK & FIELD MEET
(RWI)



TRACK AND FIELD MEET

Saturday May 24, 2008

9:30 am –6:00pm

Roy Wilkins Park (Track)

119Ave & Merrick Blvd.

Jamaica, New York

Hosted by the Metro Eagles

Information: (718) 528-5855, 949-5511, 479-5979

Divisions: Youth- HS (15-18) Open- Masters male/female

Awards: medals top 3. Plaques to highlighted events.

Meet Directors: Rhashida A'malik & R. Hopkins

EVENTS START AT 10:00AM

ORDER OF EVENTS

| | |
|----------------|---------------------------------|
| 400 IH | 15 & UP |
| 110HH | 15 & up |
| 100 HH | 13 & up |
| 80 MH | 11/12 |
| 1500M RACEWALK | |
| 3000M | 11 & UP |
| 4 X 100M | ALL |
| 400M | ALL |
| 100M | ALL (semi- 8 fastest to finals) |
| 800M | ALL |
| 100m | FINALS |
| 200 M | FINALS |
| 1500M | 9 & UP |
| 4 x 400M | 9 & UP |

FIELD EVENTS open pit (9:45-12noon)

| | |
|-------------|---------|
| SHOT PUT | 9 & UP |
| LONG JUMP | 9 & UP |
| TRIPLE JUMP | 13 & UP |

Special Events to be announced

REFRESHMENTS, RESTROOMS
THE DECISION OF THE JUDGE IS FINAL
COACHES MEETING @ 9:40 AM

All events are subject to change

SCHEDULE IS SUBJECT TO CHANGE,

Thank you,

Thank you.

Pre-entry by May 19, 2008

Make checks payable to: Metro Eagles Sports club, Inc. 128-26 Francis Lewis Blvd.

Laurelton, N.Y 11413

No checks on the day of meet!

Name _____

of individual events _____ x \$5.00

of relays _____ x\$20.00

Post entry \$ 7.00 per individual. Event & \$ 24.00 per relay

Name _____ Club () Unattached

Head coach/parent _____

Address _____

City _____ State _____ Zip _____

Phone (day) _____ Night _____

Release Statement:

In consideration of acceptance of this entry, I shall hold harmless all parties connected with this operation of the "Roy Wilkins Track & Field Meet" from claim for all injury or losses which might result from participation or traveling to and from said event. I also certify that the athlete(s) are physically sound and fit to compete in this meet. My signature authorizes the use, without compensation in further consideration, of any photographic picture, film, or video generated at this meet.

Coach/ signature _____ date _____ -

To all coaches registering more than 3 athletes, you can list the names and birthdates of all their athletes on the back of this form and sign it for your whole team one time! Thank you.

